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Understanding People from a Christian Counseling Perspective

SELF-PACED COURSE GUIDE



“Study to shew thyself approved unto God, a workman that
Needs not to be ashamed rightly dividing the word of truth.”

2 Timothy 2:15

Welcome to this course! The completion of this course will prove to be a significant blessing to you both academically and spiritually. We recommend that you thoroughly read the entire study guide before you begin working on the Course Projects. If you are uncertain or unclear on any matter, contact IFCA Discipleship Institute for clarification (1-216-261-7709) or yvonne@ifcabiblecollege.com). Above all other things, we encourage you to pray for God's guidance before you begin this course, and each time you work on it.

The instructions in this study guide are related to course formatting and submission. You may also refer to your original Student Orientation Page. IMPORTANT: The instructions on the study guide always supersede any other instructions. If there seems to be a conflict between this study guide and other instructions, always follow the instruction of the study guide.

We strongly recommend that you use reliable word processing software and make frequent use of the spell checker and grammar suggestion aspects. Be sure to save your work frequently, and backup copies of the course work you have submitted.

If you need to contact the professor for this course (or the academic office), we recommend that you do so first by email. If the professor's email address is not listed on this study guide you may request it by email: yvonne@ifcabiblecollege.com

The total length of time required to complete this course is different for each person. This is because already acquired knowledge of the subject, previous education, and personal situations all influence study habits and ability. However, we recommend that coursework should be completed within three months or less.

The time between the submission of your coursework, until it is returned to you (graded) will vary, but generally, courses sent by postal mail may require as much as two weeks in transit (to and from), and another two weeks to get through the recording and grading process. Email submissions (preferred) generally require about two weeks. These are only averages. Be certain that you keep IFCA Discipleship Institute immediately informed if you change your email, postal mailing address, or telephone numbers.

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IFCA-BC Writing Guidelines

The standard for academic papers (to be used in all your courses at IFCA-BC) should reflect the following:

Formatting

1. Use the following guidelines to format all research papers and writing assignments
 - a. Use Times New Roman, 12 point font, double-spaced throughout (see “Hot Tips” below for permissible exception for footnotes)
 - b. Set margins 1” top and bottom, and 1.25” right and left
 - c. The use of subtitles or subheadings is encouraged: (set subheadings in bold on the left margin)
 - d. Do not use a cover page. Rather, enter the following in the upper left corner of the first page of the paper:
 - Your name
 - Course Number, assignment number
 - Date submitted
 - Word count
 - e. Insert page numbers at the bottom center of all pages, including the first page.
 - f. Foreign terms (terms not listed in a common English dictionary) should be italicized the first time they are used, and thereafter should not be italicized.
2. Use of ellipsis dots:
 - a. Leave a space before and after three ellipsis dots.
EXAMPLE: “For God so loved ... that he gave his only begotten son” (John 3:16a).
 - b. Do not use ellipsis dots at the beginning or end of a quote.
INCORRECT EXAMPLE: The scriptural phrase “... God so loved ...” has become an extremely influential formative dynamic for the church.
CORRECT EXAMPLE: The scriptural phrase “God so loved” has become an extremely influential formative dynamic for the church.

Citing Sources

1. Direct quotes must be footnoted, as should sources used in paraphrased form and major ideas drawn from other authors.
2. Avoid overusing direct quotes. Reword the idea to express your understanding (paraphrase).
3. Use block quotes sparingly.
 - a. Blockquotes should be single-spaced, having no quotation marks
4. When adding citations, use the following guidelines:
 - a. A superscript number is used in the text, following the footnote or citation. The footnote is numbered at the beginning, either as a number followed by a period or as a superscript number. Either footnotes or endnotes may be used; ask your professor which they prefer.
 - b. The first line of the endnote or footnote is indented 5 spaces.

The following are examples of proper citation formatting:

Book/One Author

¹ Michael Green, *Evangelism in the Early Church* (Grand Rapids, MI: Eerdmans, 1970), 27.

² Justo L. Gonzalez, *The Early Church to the Dawn of the Reformation*, vol. 1 of *The Story of Christianity* (Peabody, MA: Prince Press, 1984), 91.

Book/Two Authors

¹ Paul R. House and Eric Mitchell, *Old Testament Survey* (Nashville: Broadman Press, 1982), 27.

Anthology: Emphasizing the editor's comments

¹ Alister E. McGrath, ed., *The Christian Theology Reader*, 2nd ed. (Malden, MA: Blackwell Publishing, 2001), 27.

Anthology: Emphasizing the author of a work included in the anthology

¹ Cyril of Jerusalem, "Cyril of Jerusalem on the Role of Creeds," in *The Christian Theology Reader*, 2nd ed. Ed. Alister E. McGrath (Malden, MA: Blackwell Publishing, 2001), 27.

Article in reference dictionary, encyclopedia, or the like

² *Oxford Dictionary of the Christian Church*, 3rd ed. (New York: Oxford University Press, 1997), s.v. "Septuagint."

Commentaries

² Raymond Brown and Sandra Schneiders, "Hermeneutics: The Literal Sense of Scripture," in *The New Jerome Biblical Commentary*, ed. Raymond E. Brown, Joseph A. Fitzmyer, and Roland E. Murphy (Upper Saddle River: Prentice Hall, 1990), 1148-1149.

Electronic media, not including information found on a website (for example, CD media).

³ Flavius Josephus, *The Wars of the Jews*, Book 2, Chapter 17 in the *Works of Josephus*, 1451; available from the *AGES Digital Library* (Albany, OR: AGES Software, 1999).

Lecture

⁴ David Belles, "Historical Overview: Part One" (lecture, T101, Week 1 Lecture 2, IFCA Bible College, 30 March 2016).

Website

⁵ Gerald Wilson, "The Poetry of the Psalms," available from <http://home.apu.edu/~geraldwilson/HebrewPoetry.html> (Note: omitting the period, in the end, helps avoid confusion)

Biblical references may be placed in the text (rather than in the footnotes), following the quote and in parentheses; unless more than three Scripture texts are cited. Use the standard abbreviations (found below) when referencing biblical texts by chapter and verse (e.g., Dan 3:20-21)

- c. In a narrative, spell out the name of the Bible book: e.g., “in Daniel 3:20-22, we read...”
- d. However, never write out the chapter and verse references: e.g., “in the third chapter of Daniel, verses twenty to twenty-two, we read...”

Old Testament

Genesis	Gen.	Proverbs	Prov.
Exodus	Exod.	Ecclesiastes	Eccles.
Leviticus	Lev.	Song of Solomon	Song of Sol.
Numbers	Num.	Isaiah	Isa.
Deuteronomy	Deut.	Jeremiah	Jer.
Joshua	Josh.	Lamentations	Lam.
Judges	Judg.	Ezekiel	Ezek.
Ruth	Ruth	Daniel	Dan.
1 Samuel	1 Sam.	Hosea	Hos.
2 Samuel	2 Sam.	Joel	Joel
1 Kings	1 Kings	Amos	Amos
2 Kings	2 Kings	Obadiah	Obad.
1 Chronicles	1 Chron.	Jonah	Jon.
2 Chronicles	2 Chron.	Micah	Micah
Ezra	Ezra	Nahum	Nah.
Nehemiah	Neh.	Habakkuk	Hab.
Esther	Esther	Zephaniah	Zeph.
Job	Job	Haggai	Hag.
Psalms	Ps. (<i>pl .Pss.</i>)	Zechariah	Zech.
Malachi	Mal		

New Testament

Matthew	Matt.	1 Timothy	1 Tim.
Mark	Mark	2 Timothy	2 Tim.
Luke	Luke	Titus	Titus
John	John	Philemon	Philem.
Acts	Acts	Hebrews	Heb.
Romans	Rom.	James	James
1 Corinthians	1 Cor.	1 Peter	1 Pet.
2 Corinthians	2 Cor.	2 Peter	2 Pet.
Galatians	Gal.	1 John	1 John
Ephesians	Eph.	2 John	2 John
Philippians	Phil.	3 John	3 John
Colossians	Col.	Jude	Jude
1 Thessalonians	1 Thess.	Revelation	Rev.
2 Thessalonians	2 Thess.	<i>or</i>	Apoc.
		Apocalypse	

Understanding People from a Christian Counseling Perspective

Course Syllabus

Instructor: Yvonne Edge

Phone: 216-206-9161

Email: yvonne@ifcablecollege.com

I. Course Description

This course provides an understanding of how to view oneself from a biblical perspective.

It teaches students:

1. They need to understand themselves
2. Love others according to the word of God
3. What does God say about us

II. Course Goals

The purpose of this course is to enable the student to do the following:

- A. Understand oneself from a biblical perspective.
- B. Comprehend renewing the mind
- C. Develop a healthy view of God

III. LEARNING OUTCOMES

After completion of this course, the student should be able to do the following:

- A. Know the concept of healthy self-awareness
- B. Understand the need for daily renewal of the mind
- C. Man's Love vs God's Love

IV. TEXTBOOKS AND OTHER LEARNING RESOURCES

A. Required Materials

1. Textbooks

McGee Robert S. *The Search for Significance*. Word Publishing copyright © 1973, 1978, 1978, 1984
ISBN 0-8499-4091-5

V. POLICIES AND PROCEDURES

A. Course Policies and Procedures

1. Evaluation Procedures

a. Pre-Course Work

Reading of required textbooks

In-Course Work:

b. Grading:

View all lectures 15%

Reflection Paper “Who are you?” 25%

List of Scriptures 10%

Paper *Integrate the Bible into counseling.* 20%

Correct APA Writing Style 30%

2. Pre-Course Requirement:

a. Read the textbook assigned

ASSIGNMENTS

3. In-Course Requirements: (Note: for online learning weeks refer to sessions. There are 5 sessions for this course.)

- a. Write a reflection paper on “**Who are you according to the word of God**” from the book. Think of how it has influenced your thinking on how to “Love your neighbor as yourself” the Bible and counseling principles together to effectively reach the Christian population. **This must be a minimum of 3 pages.**
- b. List of Scriptures about “Who God Says you are.” that you will integrate into your counseling style. This list must be APA style.
- c. Write a paper explaining **how to integrate the Bible into counseling.** Include the difference between man’s and God’s love This must be backed with the word of God. **This must be a minimum of 7 pages due at the completion of the course.**
- d. **All papers must be written APA style** writing. There is a sample of APA Writing Style online as a reference. All communication must be done through email.
- e. Discussion questions are to be discussed in class or answered if working alone.
- f. Assignment questions should be completed and emailed.

4. COURSE CALANDER

Session and topic

1. Understanding Self-Awareness
2. Man's Love vs God's Love
3. What does God say about us

Scheduling

Week One: Understanding Self-Awareness

Who are you according to God's Word?

Reading Assignment: Read the book "The Search for Significance" before starting audio sessions

Write a reflection on the assigned material.

Week Two: Man's Love vs God's Love

Know that God's love is unconditional and everlasting. Also, that man's love is conditional.

Week Three: What does God say about us. The way to build self-worth is through the word of God.